

Reconcile / Boyname - Content and Sensory Guide

What is this?

This guide has been put together in an effort to maximise the access and safety of our audiences.

Reconcile is an autobiographical piece exploring gender identity and sexuality presented through a melding of contemporary dance and performance art. It is a deeply personal, unapologetically raw and beautiful celebration of queer empowerment with resilience and community at its heart.

We recognise that content made about gender, dysphoria, sexuality, self exploration and the journey to acceptance is inherently emotionally charged and can be upsetting or triggering for some audience members. This guide is here to offer you some information about what to expect if you are concerned about your emotional safety and/or have specific sensory needs or triggers.

How do I use it?

How you use this guide is up to you and your sensory and emotional safety needs; it has been set out in such a way to be able to be used as a guide to the whole show, with further information about what and when to expect specific elements that you may need warnings to set out after the general notes. You may wish to just skim the list of sensory and content notes on the first page before watching if your access needs in this respect are low.

How is it formatted?

The guide is laid out as follows: after this introduction to the guide you will find a complete list of the content notes and sensory notes for the show, so that you can first check that for anything you might need prior warning for. If there is a note on this list that you want to check for, you can use the (control+f) function to find instances of that note throughout the show if you are viewing this digitally, or skim through the scenes to see where those notes appear. Some of the general notes are overarching themes of the show and may not be listed on each scene.

After that you will find the show broken down into scenes, with specific sensory and content notes for each scene, this part will inherently have some spoilers, so you can skip this bit if you're feeling confident and would prefer to experience the show without them.

Boyname / Reconcile Content and Sensory Guide

General content notes:

Gender dysphoria
 Gender euphoria
 Body dysmorphia
 Radical self love
 Grief
 Joy
 Nudity
 Death
 Hell/afterlife
 Demonic possession
 Gun use (visible prop and sounds)
 Blood
 Screaming (audible and simulated/inaudible)
 Dry retching
 Audience interaction
 Insult/slur use
 Sexuality/sexual movements
 Atmosphere of induced confusion, ominousness
 Movements intended to invoke/imitate experiences of anguish

General sensory notes:

Loud sounds:
 Screaming
 Gun shots
 Banging
 Intense sounds:
 Buzzing
 Droning
 White noise
 Grinding
 Intense music
 Directional sounds; left/right panning
 Lighting:
 Bright/intense lighting
 Flashing
 Strobing
 Overlapping intense sensory elements
 Smoke machine use
 Real flowers (roses)

Breakdown by scene

Pre-show/entry

Mild audience interaction with ushers upon entry Flowers (roses) Smoke machine use Overlapping sounds Loud scream Gun shots (sound effect) Prop gun Imitation of death Use of slurs in audio track	Audio track "cacophony" (pre-show and scene 1) Track elements include vibrating, static sounds, grinding, breathing, hissing, electronic tones, significant left/right panning, giving the sensation of the sounds moving around the space (<i>balance, dizziness, vestibular disabilities risk</i>), voices whispering insults (worthless, whore, slut, cunt, fuck you, I hate you, [inaudible words]) Track increasingly invokes demonic and hateful themes, whilst building in intensity
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Scene 1 – Living Corpse

Audio track volume increases as intensity of music increases
 Movement intended to invoke anguish/demonic possession
 Bright lighting including **strobing effect**
 Prop gun
 Gun shot (sound effect)
 Imitation of death/dead body

Scene 2 – Revealing the Self

Bright lighting Flashing lights Strobing effect Simulated screaming Prop gun Partial nudity	Audio track “Revealing the self (crescendo)” Track begins with low frequency fluctuating tone Left/right panning Ominous, overwhelming, stressful Pulsing sounds; Sharp scratchy, staticky, buzzing Sound that invokes a helicopter overhead, high pitched mosquito like buzzing/droning Track gets busier and more intense over time ~3:40 louder tones, intensity builds even more so 4:20 droning, deeper sounds cut out as static/white noise sound builds ~ 5:00 barely perceptible deep pulsing tone begins ~7:30 intensity builds again
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Scene 3 – Purgatory

Movements to invoke a sense of anguish and demonic possession Writhing/thrashing Simulated screaming Retching	Audio track “Purgatory” Track starts with almost imperceptible sound that slowly builds, low pulsing sound ~1:30 bell tolling/chiming sound begins (not startling) Significant left/right panning, but not as intense as first track ~2:00 chiming becomes more of a sustained tone that begins to rise Minor key, invoking ominous atmosphere ~3:00 more significant left/right panning Electronic buzzing and whooshing ~4:00 track gets crackly
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Scene 4 – Finding My Reflection

Gentle, floating movements A sense of peace, calm, acceptance, recognition, curiosity Radical self acceptance Full nudity towards end of scene	Audio track “Finding My Reflection” Lighter, more buoyant music, sense of relief Feels curious, lighter, hopeful, gentle but energetic Some left/right panning Electronic music with a vaguely orchestral feeling
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Scene 5 – To be Touched

Bright lighting Full nudity Movement to invoke a sense of vulnerability/self consciousness	
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Scene 6 – Slow

Strobing effect

Smoke machine use

Sexual, sensual, empowered, flirtatious movement

Euphoria

Radical self love

Simulated orgasm

Audio track notes on “Slow” (Kylie Minogue cover by Cruel Noon (feat Your Girl Pho))

Sensual music and lyrics, echoing sounds, voice effects, some droning/whining tones and fast beat sections

Scene 7 – Reflection

Audience interaction

Scene 8 – Laying to Rest

Mild to moderate audience interaction

Eye contact

Audio track “Interstate by Rabbit Island”

Gentle music; mildly “unearthly” feeling piano and a feminine voice singing